

Faculty

Dr. Darlene P. Blaney, PhD, NCP, CFT

Darlene is the “Educational Director” and President of “Total Health School of Nutrition”. It became Darlene’s mission to put together a course that would present high quality, fact based nutritional information from a Christian perspective.

For more than 20 years, Darlene has enjoyed teaching and practicing healthful cooking and living. She is the author of four total vegetarian cookbooks, including the “Optimal CHIP Diet” used specifically for the CHIP (Complete Health Improvement Project) program under the direction of Dr. Hans Diehl.

She operates an active nutritional consulting practice. Her volunteer work also includes the field of health such as the role of Health & Temperance Ministry Director in the province of Alberta. Darlene enjoys traveling presenting workshops and various seminars! Her passion is to help people experience total health — mind, body, and spirit.



*Dr. Darlene P. Blaney, PhD,
NCP, CFT*

Overview

Total Health School of Nutrition is proud to offer a comprehensive program and diploma in Nutritional Consulting. The program consists of 16 subjects, 30 credits, divided between 4 modules consisting of a total time frame of 78 weeks. The students must obtain an 80% or higher average overall to successfully complete the program and receive a nutritional consulting diploma.

Program Outline

Module 1

- 🍏 Depression
- 🍏 Anatomy & Physiology
- 🍏 Digestion
- 🍏 Diabetes

Module 2

- 🍏 Biochemistry
- 🍏 Preventative Nutrition
- 🍏 Nutritional Symptomatology
- 🍏 Allergies

Module 3

- 🍏 Pediatrics
- 🍏 Sports Nutrition
- 🍏 Natural Remedies
- 🍏 Water

Module 4

- 🍏 Clinical Nutrition & Research
- 🍏 Environmental Pollution
- 🍏 Jurisprudence
- 🍏 Spiritual Health

Total Health School of Nutrition



“Dear friend, I pray that you may enjoy good health and that all may go well with you even as your soul is getting along well.” 3 John 1:2

This program is recognized and licensed in the province of Alberta

Obtain a diploma in Nutritional Consulting

For personal or professional use:

- Informative, Educational Seminars
 - Education Upgrading
 - Private Nutritional Counselling
- and much more....

Contact Info

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www.TotalHealthSchoolofNutrition.com

Our School Mission

To educate individuals in the field of nutrition based on the most current information of facts from a Christian perspective.

Total Health Foundation

The Foundation is created for the purpose of subsidizing students who are eager to learn but cannot afford the program financially. We welcome donations for this purpose. A tax deductible receipt will be issued.

Opportunities

As a graduate, you will have the knowledge and confidence to find a career or experience in a variety of areas including:

- Consulting Services
- Corporate Wellness Programs
- Health Food Stores
- Weight Management Clinics
- Fitness Centers

Possible career opportunities are advertised through the school to graduates.

Admission Guidelines

Because this program is done through “distance learning”, admission is open throughout the year. You may enroll and begin your studies at any time.

Candidates for this program would include a person who has an interest in the study of health and nutrition from a physical and Christian perspective. You need to be mature, with a full commitment to the study of nutrition and have a good, moral character.

Standard Admission:

Students must meet ONE of the following criteria:

1. Alberta High School Diploma, verified by transcript, with 50% or better in a grade 12 English, or non-Alberta equivalent.
OR
2. Completion of the General Equivalency Diploma.

Mature Admission:

Students must meet ALL of the following criteria:

1. 19 years of age or older.
2. Thirty-three credits toward an Alberta High School Diploma, verified by transcript, with 50% or better in a grade 10 English, or non-Alberta equivalent.
3. Successful aptitude test chosen by the school.

Both Standard and Mature Admission:

Must submit ALL of the following:

1. Successful interview with school administration.
2. Submission of a 100-word essay, outlining the reasons for your interest in the program.
3. Submission of a passport-size photo.

This program is licensed and was designed to meet industry needs in Alberta. It is suggested for those taking this program in other jurisdictions to check into their industry needs prior to enrollment.

Total Health School of Nutrition has the right to admit or reject applicants as seen fit at any point in the admission process. Total Health School of Nutrition is non-discriminating; and will welcome students regardless of race, color, age, gender, religious beliefs, handicaps, marital status, or national origin.

Program Fees

For the 30 credit course Nutritional Diploma, the fee is \$725 per module* (see discount available below). This fee includes all the required text books, valued at over \$500, for all four modules. The price is well below other schools to allow as many students as possible to afford this program. This no way reflects the program which is fully accredited.

Payment per module:
\$725 per module (1-4)

*Outside Canada: Additional shipping costs will apply according to location, please contact us for details.

Method of payment:

Fees can be paid by internet banking, credit card (via Paypal), cheque or money-order payable to: Darlene Blaney.

*There is a \$25 discount PER module for those paying by cheque or money-order.

Refunds:

No refunds will be granted once a module is mailed off to student.

Please allow 30 days for processing.

(Prices and program description subject to change.
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